

Please join us for a Wellness@Work Lunch-and-Learn!

GROW WHAT YOU EAT

Tuesday, February 20
Noon to 12:45 p.m.
Chapel Hill Public Library,
Meeting Room A



- Learn how to grow your own veggies
- How to choose a garden site
- Soil improvement techniques
- Organic pest control
- Varietal selections of vegetables that will assure success

Presenters:

- Tim Logue, Library, longtime organic gardener
- Ryan Chamberlain, Library, gardening enthusiast and beekeeper
- Keith Porterfield, Fire, lifelong gardener



Lunch will be provided!

Please RSVP to Liska Lackey by 5 p.m. Friday, February 16,
at llackey@email.unc.edu or 919-968-2796.



wellness @work
UNC HEALTH CARE | FAMILY MEDICINE
TOWN OF CHAPEL HILL

