



The HRA Drive will run from March through May.  
The May dates and locations are:

Date	Time	Location
Tuesday, May 1	8 to 11:45	Clinic
Wednesday, May 2	1 to 4:45	Transit
Thursday, May 3	8 to 11:45	Police
Tuesday, May 8	8 to 11:45	Clinic
Thursday, May 10	8 to 11:45	Transit
Friday, May 11	8 to 11:45	Police
Monday, May 14	8 to 11:45	Clinic
Tuesday, May 15	1 to 4:45	Transit
Thursday, May 17	8 to 11:45	Transit
Monday, May 21	8 to 11:45	Clinic
Tuesday, May 22	8 to 11:45	Clinic

To schedule an appointment at one of the HRA Clinics, please login to our secure online portal at [www.chapelhillwellnessatwork.org](http://www.chapelhillwellnessatwork.org). Then click on "Schedule your Annual HRA Review Date and Location". If you do not have access to the internet, contact the Wellness Clinic at 919-968-2796.

**WALK-INS ARE ALWAYS WELCOME!**

*If it is unreasonably difficult due to a medical condition for you to achieve the standards for the reward under this program, or if it is medically inadvisable for you to attempt to achieve the standards for the reward under this program, please call 919-968-2796, and we will work with you to develop another way to qualify for the reward.*

#### What will I be asked to do?

- Complete the health survey
- Give a small blood sample (tested only for diabetes and cholesterol)
- Get your weight and blood pressure checked

#### And what will I receive in return?

- Information to improve your health
- Cost-sharing contribution for health insurance is waived
- A personalized plan for follow-up based on your health needs and goals
- Stainless steel insulated water bottle with full color Wellness@ Work logo

#### Questions?

Contact the Employee Wellness Clinic at 919-968-2796 or visit [chapelhillwellnessatwork.org](http://chapelhillwellnessatwork.org)/hra-frequently-asked-questions.



**wellness @ work**  
UNC HEALTH CARE | FAMILY MEDICINE  
TOWN OF CHAPEL HILL

