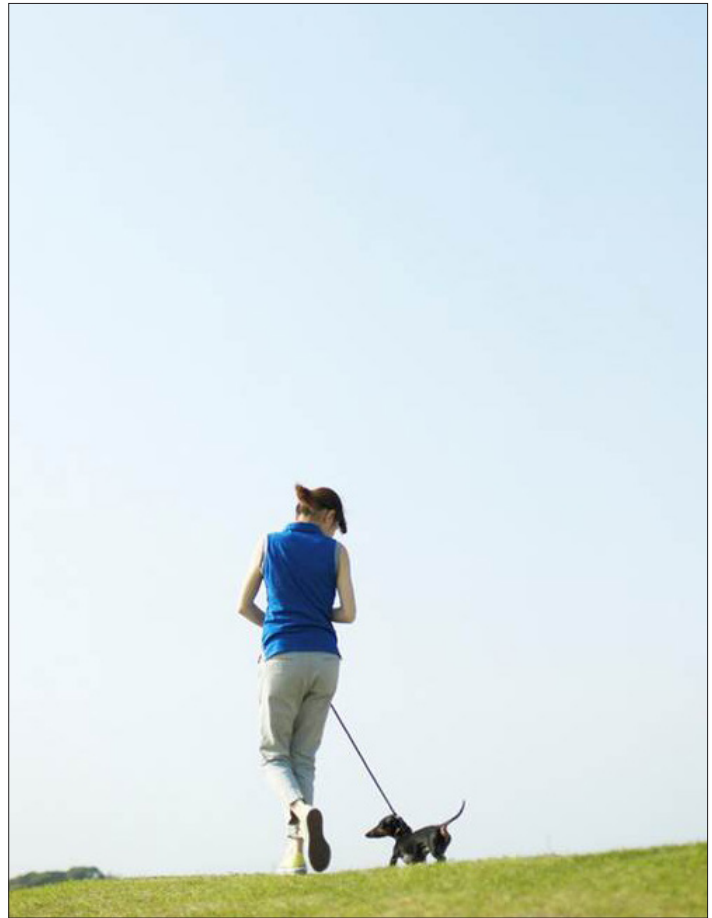


Please join us for a *Wellness@Work Lunch-and-Learn!*

STRONG BONES FOR LIFE

Thursday, October 27
Noon to 12:45 p.m.
Meeting Room B, Chapel
Hill Public Library

- What is osteoporosis?
- What steps can you take to prevent or slow the progression of osteoporosis?
- How is osteoporosis treated?
- How is osteoporosis diagnosed?



Presenter: Mary Ann Nirdlinger, MD, MPH, Volunteer Speaker for American Bone Health



Lunch will be provided!

Please RSVP to Liska Lackey by 5 p.m. Tuesday, October 25, at llackey@email.unc.edu or 919-968-2796.



wellness @work
UNC HEALTH CARE | FAMILY MEDICINE
TOWN OF CHAPEL HILL

