

*Please join us for a Wellness@Work Lunch-and-Learn!*

# UNWRAP THE GIFT OF FINANCIAL CONFIDENCE



Thursday, December 14  
Noon to 12:45 p.m.  
Public Works Conference Room

- Conscious spending – paying attention to every payment
- End of the month activities
- Saving
- Budgeting

*Presenter:*

Julia Held, Marketing Specialist, Community Home Trust



## **Lunch will be provided!**

Please RSVP to Liska Lackey by 5 p.m. Tuesday, December 12, at [llackey@email.unc.edu](mailto:llackey@email.unc.edu) or 919-968-2796.



**wellness @ work**  
UNC HEALTH CARE | FAMILY MEDICINE  
TOWN OF CHAPEL HILL

