

*Please join us for a Wellness@Work
Lunch-and-Learn at 1pm on September 14!*

NUTRITION AND COVID-19 INFECTION

Wednesday, September 14, 1 to 1:45pm

Join us wherever you are through Zoom!

Come to our virtual Lunch & Learn to learn about nutritional needs:

- When recovering from COVID-19 infection
- During Long COVID

Presenter: Natalia Adamson, Clinical Dietitian

UNC Family Medicine and Town of Chapel Hill Wellness Clinic

Please RSVP to Liska Lackey by 5pm Monday, Sept 12:

llackey@email.unc.edu or 919-968-2796. Liska will send you the Zoom link.

chapelhillwellnessatwork.org

